



**DURING COVID-19, WE KNOW OTHER HEALTH EMERGENCIES HAPPEN.**  
We are taking precautions in order to safely treat all our patients.

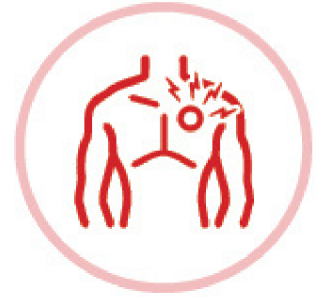
**GO TO THE NEAREST EMERGENCY DEPARTMENT  
FOR THESE AND OTHER EMERGENCIES:**



**Difficulty breathing or  
shortness of breath when  
doing very little or resting**



**Severe  
stomach pain**



**Chest pain or  
tightness  
in the chest**



**Stiff neck and  
sensitivity to light**



**Seizures or  
convulsions**



**A broken bone or a  
wound that may  
need stitches**



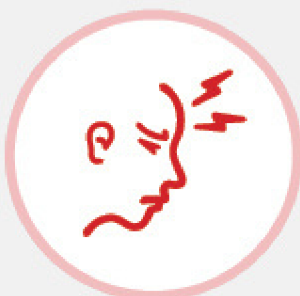
**Confusion or  
disorientation**



**Infant under 1 month old with a  
temp over 38C (100.4F) or  
child with fever over 38.3C (101F)  
and is difficult to wake**



**Continuous vomiting or  
severe diarrhea with  
signs of dehydration**



**A mental health emergency such  
as acute psychosis or mania.**

**Individuals having thoughts of  
self-harm or harming others -  
call crisis intervention at  
1-888-757-7766**



**Quinte Health**